

# ANNUAL REPORT 2023

# **LETTER FROM THE BOARD**

"Hope is being able to see that there is light despite all of the darkness." **Bishop Desmond Tutu** 

These last few years have certainly brought a lot of darkness to our world. We have seen sharp increases in those in our community who are either experiencing, or at risk of experiencing homelessness. Food security continues to be a significant challenge for record numbers of people in our community. The skyrocketing costs of rental units has put affordable housing out of reach of many families and individuals in Welland. With inflation impacting everything, but particularly the cost of food and housing, more in our community are having to make difficult choices in order to meet their basic needs.

At The Hope Centre, we have continued to work hard to provide light for those vulnerable members of our community. Last year we expanded our food bank which allowed us to better serve the increasing needs for food security programs in our community. This year we expanded our housing support programs so that we can better support people who are homeless or at risk of losing their housing in Welland.

Thanks to a grant from the Ontario Trillium Foundation, we were able to welcome a full time Homelessness Prevention Coordinator, tasked with supporting people in our community at risk of experiencing homelessness. Additionally, we were able to relocate

our emergency shelter back into the City of Welland after a seven-year absence. We also provided leadership and staff resources to run a seasonal shelter to meet the community's immediate needs during the winter months with a goal to work towards longer term solutions.

Another grant from the Ontario Trillium Foundation allowed us to welcome a full-time volunteer coordinator. This came at a key time as we re-opened our doors for in-person service coming out of the Covid 19 pandemic and welcomed back volunteers. Volunteers are genuinely the backbone of The Hope Centre, and we are so pleased to reinvigorate our volunteer program after a two-year absence.

As we continue to expand our services we do so with our vision of a community where every person has their basic needs met through support and compassion. We could not do this without the collective efforts of the Welland community our community partners, funders, donors, volunteers, and staff. Thank you for your dedication and ongoing support.

Jon Braithwaite CEO

**Stephanie Anger** President





### **2023 STAFF LIST**

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NAME	POSITION
Sarah Andrews	Return2Hope Psychotherapist
Samantha Babin	Client Intake Support
Jon Braithwaite	Chief Executive Officer
Jessica Coons	Program Coordinator
Gina Couldery	Food Security Coordinator
Mike Digiglio	Community Coach - Energy
Anthony Gatti	Return2Hope Program Supervisor
Samantha Hill	Business Operations Manager
Christine Hurtubise	Volunteer Coordinator
De-Shawn Lett	Homelessness Prevention Coordinator
Tracey Masanzu	Finance Manager
Mikaela Predote	Return2Hope Counsellor
Jennifer Sinclair	Community Engagement Coordinator
Miles Slauson	Emergency Bed Program Worker
Kimberly Strongitharm	Emergency Bed Program Worker
Melissa Vieira	Food Bank Coordinator

### **2023 BOARD OF DIRECTORS**

Stephanie Anger	President
Paul Turner	Vice President
Mike Hrycusko	Secretary
Barb Ryerse	Treasurer
Jodi Fitzgerald	Director
Ronald Kretchman	Director
Susan Mifsud	Director

### **VOLUNTEERS**

The Hope Centre depends on our volunteers for the ongoing success of our organization. Over the past 12 months we have been fortunate to be able to revitalize our volunteer program creating a strong, caring and committed team of volunteers who champion our work and care about our clients and community.

We are powered and inspired by our team of volunteers who have many different roles and responsibilities. With 9,441 volunteer hours fulfilled in various positions, from our board of directors, kitchen, food bank, drivers, office, bingo, grounds, maintenance and special event volunteers. We could not accomplish the good work we do in the community without their dedication and continued support.

The Hope Centre team of volunteers over this past year has grown, come together, thrived, and created friendships. It has been an exciting journey for us to be a part of and we are eager to watch continue. We are so grateful to you, our volunteers, for being part of The Hope Centre team.

117 Volunteers

9,441

Total Volunteer Hours

# Strategic Plan 2022-2025



Mission: To assist, support, empower and advocate for the most vulnerable members of our community.

Non negotiable values: Respect • Inclusivity • Collaboration •Accountability • Equity • Humility

**Vision:** A community where every person has their basic needs met through support and compassion.

# The Hope Centre provides Service with Compassion and Understanding

EXCELLENCE IN SERVICE	EXCELLENCE IN COMMUNITY HUB	ORG
Continual review of programming to ensure that we are meeting the needs of our community.	Work closely with partners in our Community Hub to ensure warm and appropriate referrals.	Increa comm availabl
Ensure that all those who may be in need of our programming are aware of them.	Seek out partners to provide: Employment Training - Educational programming - Technology resources	Ensure p funded signatu
Anticipate future needs and pursue funding to meet anticipated needs.	Hand	Board s ensure t is diverse and
Seek out appropriate and sustainable options to re-locate Emergency Shelter to Welland.		



# GANIZATIONAL EXCELLENCE

ease awareness in our munity about programs ble at The Hope Centre.

programs are sustainably ed through introducing a ature annual fundraising campaign.

d succession planning e that board composition nd reflective of our community.

# OUR HOPE VOLUNTEERS

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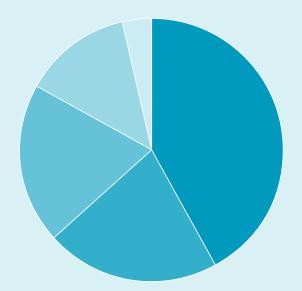
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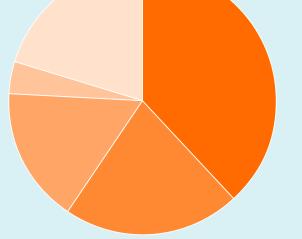
# THE **FINANCIALS**

### **OVERVIEW**



### INCOME

- Homelessness Prevention Funding
- Grants
- Donations
- Fundraising
  - United Way of Niagara



# **EXPENSES**

- Housing Programs
- Food Security
- Prevention Programs
- Assistance to individuals Occupancy

# **FINANCIAL INFORMATION**

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VOLUNTEER

Year End March 31, 2023

#### Income

Homelessness Prevention Funding Grants Donations Fundraising United Way of Niagara Total Expenses Housing Programs Food Security **Prevention Programs** Assistance to individuals Occupancy Total



\$798,952 \$403,206 \$376,855 \$248,586 \$63,040 \$1,895,939

\$633,198 \$352,591 \$269,202 \$66,373 \$330,737 \$1,652,101

### CLICK HERE TO SEE OUR GOVERNMENT FILINGS

If you would like a copy of our audited financial statement, please contact us.

# HIGHLIGHTS











of individuals served used our food bank for the first time



#### **FOOD SECURITY PROGRAMS**

#### Food Bank

- Emergency food for individuals and families in Welland facing food insecurity.
- Distributed 208,482 pounds of food & items.

#### **Community Lunch**

- Take-out lunch served daily Monday to Friday to anyone in need.
- Served an average of 450 meals a week.

### **HOUSING STABILITY PROGRAMS**

#### **Housing Stabilization**

 Assist prospective tenants to find and keep affordable housing by providing information, life skills resources, emotional and mediation support.

#### **Transitional Housing**

- Supportive housing services where clients are supported by our staff to set goals that will lead to more independence and housing stability.
- Housed 4 men in our transitional housing units.

#### **Emergency Bed Program**

- Emergency accommodations for people experiencing homelessness.
- Sheltered 66 households (136 individuals).

#### **FINANCIAL STABILITY PROGRAMS**

#### **Utility Assistance Programs**

- Support clients at risk of utility disconnection to liaison with utility companies and access financial support to ensure utility services are maintained.
- Assisted 266 households to maintain their services. •

#### **Ontario Electricity Support Program**

- Assist low-income households with access to a monthly credit to reduce electricity bill charges.
- Helped 138 households access the OESP credit.

#### **COUNSELLING PROGRAM**

#### **Return 2 Hope Counselling**

- Provide free psychotherapy and supportive counselling to improve the emotional and mental health of clients.
- Provided 684 hours of one-on-one psychotherapy and supportive counselling.

### **ADDITIONAL PROGRAMS & SERVICES**

**Brushed Aside Program Christmas Support Program Clothing Vouchers** Good Food Box **Income Tax Clinic ID** Clinic Kacey Lynn Fund **Koats for Kids and Families** Mail & Message Service **One Sight Program REACH Clinic Resource Services Trusteeship Program** 

### SERVICE HUB PARTNERS

905.684.1183 **CASON - Community Addiction Services of Niagara** 905.641.5222 **Canadian Mental Health Association** 289.820.8730 **OATC - Ontario Addiction Treatment Centre** 289.668.0667 **STEP Empowerment Centre** 905.650.6883 **YWCA** Niagara 905.356.5800 Women's Place South Niagara

### **SNACKS 'N SNEAKERS**

Provided 315 kids with back to school snacks and sneakers in partnership with Canadian Tire Bank.

# **OUR MISSION**

# **OUR VALUES**

TO ASSIST, SUPPORT, **EMPOWER AND** ADVOCATE FOR THE MOST VULNERABLE MEMBERS OF OUR COMMUNITY.

The Hope Centre



### **OUR FUNDING PARTNERS:**









## WE ARE PROUD MEMBERS OF:



# **OUR VISION**

A COMMUNITY WHERE **EVERY PERSON HAS** THEIR BASIC NEEDS **MET THROUGH** SUPPORT AND COMPASSION. The Hope Centre

The Centre

#### **Contact Information**

- **(** 905.788.0744
- 570 King Street Welland, ON

thehopecentre.net

#### **Office Hours:**

Mon, Tues, Thurs, Fri 8:30 am to 4:30 pm NEW Wednesday 11:00 am - 7:00 pm

Food Bank Intake Hours: Mon, Tues, Thurs, Fri 9:00 to 11:30 am & 12:00 to 3:00 pm NEW Wednesday Intake 11:30 am - 6:15 pm

#### **Community Lunch Hours:**

Mon - Fri 11:00 am to 1:00 pm



- f @HopeCentreWelland
- O @TheHopeCentreWelland
- ♥ @TheHopeCentre